

Richard Alexander/U.S. Navy photo

NEW COMMAND STANDS UP — Capt. Tierian Cash, center, Director of the Naval Chaplains School, receives new school colors from Senior Chief Religious Program Specialist V.A. Spencer, right, representing the transition of the school from Officer Training Command Newport to a shore activity under Naval Education and Training Command during ceremonies at Brett Hall on Thursday morning. Looking on is Rear Adm. Moira N. Flanders, Commander, Naval Personnel Development Command; and at far left, Rear Adm. Alan T. Baker, Deputy Chief of Navy Chaplains/Chaplain of the Marine Corps.



Admiral here from Europe

Commander, U.S. Naval Forces Europe, briefs NAVSTA school-houses about new partners in the war on terrorism.

— Page 2



MCPON briefs iunior Sailors

MCPON Campa meets with, and addresses concerns of, junior enlisted service members at NAVSTA.

— Page 3



Hockey team ices the silver

NHCNE physical therapist helps the Rhode Island Panthers hockey team reach the national championships.

— Pages 10 -11

NAVSTA receives view from Europe

By RICHARD ALEXANDER Navalog editor

The U.S. Navy's top flag officer and enlisted man in Europe last week gave Naval Station (NAVSTA) Newport the view from across the Atlantic.

Adm. Henry G. "Harry" Ulrich III, Commander, U.S. Naval Forces Europe and Commander, Allied Joint Force rity, then the U.S. Navy has to Command, Naples, visited the Naval War College, the Surface Warfare Officers School Command, and Senior Enlisted Academy on April 6.

He was accompanied by Master Chief (SW/AW/FMF) Tony Evangelista, Fleet Master Chief for U.S. Naval Forces, Europe/6th Fleet.

In meeting with the Senior

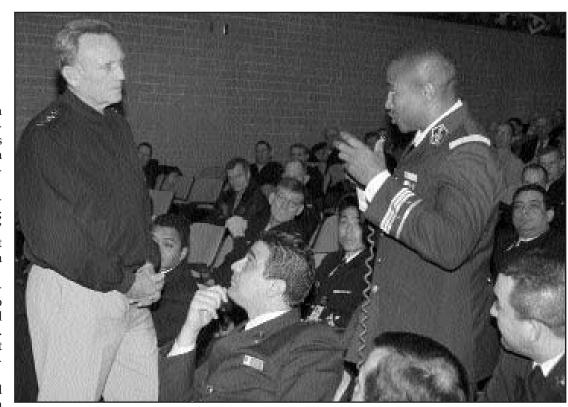
Enlisted Class 130, Ulrich called on the senior and master chiefs to facilitate jointness at the deck plate level between U.S. naval forces and new partners around the world.

"We need our Sailors to conschoolhouses an insight into nect with these new partners; to build maritime capacities," Ulrich said. "It's a hell of a lot hard to build a navy than sink a navy these days."

If the goal is maritime secugo to different places and build new partnerships, he said. "These are places we haven't been to before, and it's somewhat uncomfortable."

Ulrich said people around the world sometimes have an inaccurate image of Americans from what they see on TV, read, and by word of mouth.

ULRICH, Page 17



MCC (SCW) Gregory Frazho/U.S. Navy photo

Lt. Cmdr. Hilary Ade Nkwenti, right, of Cameroon, a Naval Staff College student, asks Adm. Henry G. Ulrich III a question during a brief at Spruance Hall, Naval War College last week. Ulrich is Commander, U.S. Naval Forces Europe.

Boys, Girls State to convene

By BOB KREKORIAN

NAVSTA Public Affairs Staff

Naval Station (NAVSTA) Newport will host the 36th annual combined Little Rhody Boys State and Girls State program, April 16-20. Thirty-two high school juniors, ages 16-18, from throughout Rhode Island are scheduled to attend the week-long program.

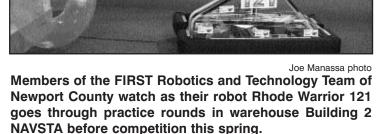
The Class of 2007 consists of viduals. 23 boys and nine girls.

provide instruction to high school students on the ideals and objectives of American government. The students will attend classes and seminars presented by civilian and military speakers. Topics covered include federal, state and local government workings, and government services to indi-

Participants from Aquidneck The Boys and Girls State pro- Island include Rogers High gram, sponsored by the Ameri- School student Jerod Scherdt,

can Legion, Department of son of Maj. Lewis Scherdt, Rhode Island, is designed to Operations Commander of Law Enforcement and Security, NAVSTA Newport Security Department, and Mrs. Janice Scherdt; Middletown High School student Erin Larcom, daughter of Lt. Col. Charles Larcom, senior Army adviser to the Rhode Island National Guard, and Mrs. Elizabeth Larcom; and Portsmouth high school student Zachary Torre.

Chariho High School student Evan Woodruff, son of Mr. **BOYS STATE, Page 17**



Robotics team bused to Atlanta

FIRST Robotics and Technolo- and University of Rhode Island gy Team of Newport County, student mentors boarded a to reach more young people mentored by engineers from chartered bus from Middle- with a lower-cost, more accesthe NAVSEA Naval Undersea town last Tuesday. Several sible opportunity to discover Warfare Center Division, New- engineers and college students the excitement and rewards of port, is competing this week- and some parents chose to science, technology, and engiend in the FIRST National book flights to Atlanta later in neering. robotic champions in Atlanta, Ga.

FIRST stands for For Inspiration and Recognition of Science and Technology. The Newport County team's robot, Rhode Warrior 121, placed second in the 2007 New England Boston Regional at Boston University on March 23-25.

the week.

The bus was shared with three groups that won the Rhode Island FIRST VEX Challenge, which is a mid-level robotics competition targeted toward high school aged students. It offers the traditional challenge of a FIRST competition, but with a more accessi-

About 50 students, parents ble and affordable robotics kit.

The ultimate goal of FVC is

Team 121 is composed of 42 students from Middletown, Portsmouth, Tiverton, and Mt. Hope High School, and MET Charter High School of East Bay; plus 20 mentors from the University of Rhode Island Robotics Club. Besides NUWC,

ROBOTICS, Page 17



Commanding Officer, Naval Station Newport

Lisa Rama NAVSTA Public Affairs Officer

Greg Kohlweiss NAVSTA Public Affairs Staff

Bob Krekorian NAVSTA Public Affairs Staff

Richard Alexander NAVALOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.

The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces ress Service (AFPS)

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Edward A. Sherman Publishing Co. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. if a violation or rejection of the equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is

The Newport Navalog is printed on recycled paper.



For additional information at Family Readiness Support Line

IA Handbooks valued resource

are a valuable source of inforism (GWOT) support assignto help sailors and their fami-

and can be downloaded from the IA portal on Navy Knowl- or questions contact ECRC online www.nko.navy.mil or the Fleet at 1-877-364-4302.

Laptop theft may impact Sailors stationed here

onboard a ship homeported in tected by the Privacy Act of San Diego between January 2003 and October 2005, and you were counseled aboard ship by a Navy college counselor, your personally identifiable information may have college course information. been compromised by the recent theft of three laptops of information could impact from the Navy College Office at Naval Station San Diego.

Individuals affected should contact the Navy Personnel Command Customer Service Center that has been established to assist Sailors with any questions they might have advise them of actions they can take to protect their identi-

The number to call is 1-866-U-ASK-NPC (1-866-827-5672) via email CSCMailbox@navy.mil

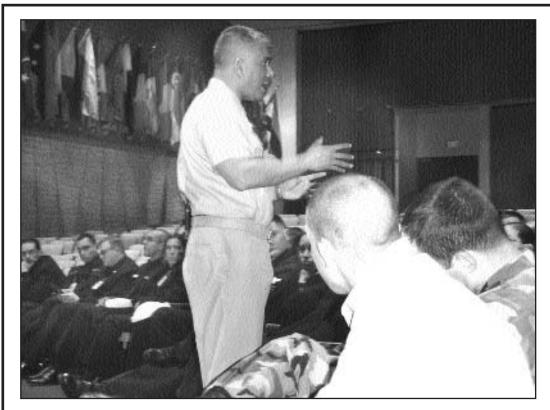
The laptops were stolen from the Navy College Office on March 9. Personally Identi-

If you were stationed fiable Information (PII), pro-1974, as amended, may be on the computers. The PII possibly on the laptops may include names, rates and ratings, social security numbers, and

> This potential compromise Sailors and former Sailors homeported on San Diego ships from January 2003 to October 2005 and who were enrolled in the Navy College Program for Afloat College Education.

The Naval Criminal Invesconcerning this incident and tigative Service (NCIS) has launched an investigation into the theft and is working with the San Diego police department to recover the stolen computers.

In response to the theft and possible compromise of PII, the Navy has ordered a complete inventory of all command information IT assets.



OS1 (SW) Sabrina McCaslin//NWC Gaming Dept

Master Chief Petty Officer of the Navy Joe Campa briefs junior enlisted members of Naval Station Newport at the Naval War College last Friday. He has focused on active communication through the DirectLine website.

MCPON revamps website for better communication

By MCCS (SW/AW) BILL HOULIHAN MCPON Public Affairs Chief

WASHINGTON (NNS) — DirectLine, the Web site owned and operated by Master Chief Petty Officer of the Navy (SW/FMF) Joe R. Campa Jr., has undergone a sixmonth renovation project and is now open

"I've been stressing active communication as one of our Guiding Principles," said Campa.

"DirectLine wasn't conducive to that, so we ramped it up."

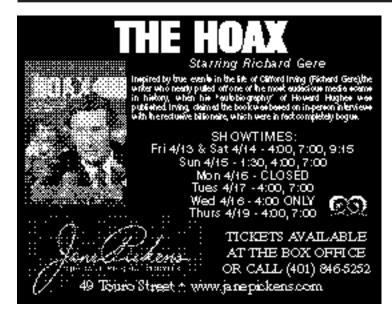
Chief Information Technician (SW/AW)

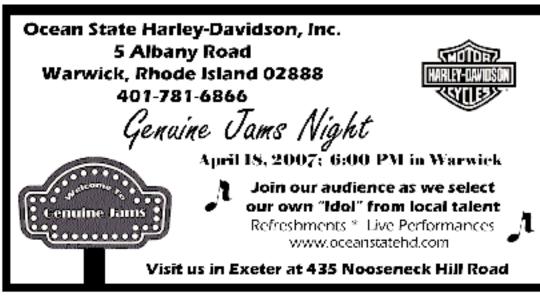
Bruce Allen, MCPON communications chief, said the new site's most significant upgrade is the opportunities it offers users to communicate with one another and the

The Web address for DirectLine remains the same, www.directline.navy.mil and registration is required. Unlike the previous version, CAC (Common Access Cards) are not required for log-on or access.

"We've increased the forum capabilities so that every chief in the Navy has the access they need to interact with one another in a message board format," said Allen. "Also,

CAMPA, Page 17





Rear Adm. Jewett to command NWDC

assume command of the Navy Warfare Development Command (NWDC) in a ceremony Friday, April 20, at 1 p.m. in Spruance Auditorium at the Naval War College.

Capt. Timothy L. Davison, who has served as acting commander of NWDC since the retirement of Rear Adm. Roger T. Nolan last September, will pass the command to Rear Adm. Jewett. Capt. Davison plans to retire from the Navy this summer



Rear Adm. Jewett

after more than 28 years of active ser-

Under his stewardship, NWDC continued its leadership role in coordinating both Navy experimentation and the development of new concepts of operations. The command also further solidified its preeminence in modeling and simulation for the Navy and continued its support of complex multibattle group in port training and other elements of the Navy Continuous Training Environment. This included approve and disseminate doctrine.

Rear Adm. Carlton "Bud" Jewett will the coordination of a major training evolution for the U.S. Pacific Command called Terminal Fury 07 in December.

> NWDC also manages all Navy doctrine and Navy input into joint, allied and coalition doctrine, the Navy Lessons Learned program, and Navy participation in Joint Concept Development and Experimentation.

> Rear Adm. Jewett will report to NWDC from his assignment as deputy assistant chief of staff for Defense Planning, Supreme Allied Command for Transformation, Mons, Belgium, a position he has held since 2005.

> A 1976 graduate of the U.S. Naval Academy, Rear Adm. Jewett has served as a naval aviator whose commands have included Medium Attack Weapons and Tactics School, Atlantic; Attack Squadron 34; Carrier Air Wing 17 and Carrier Group One.

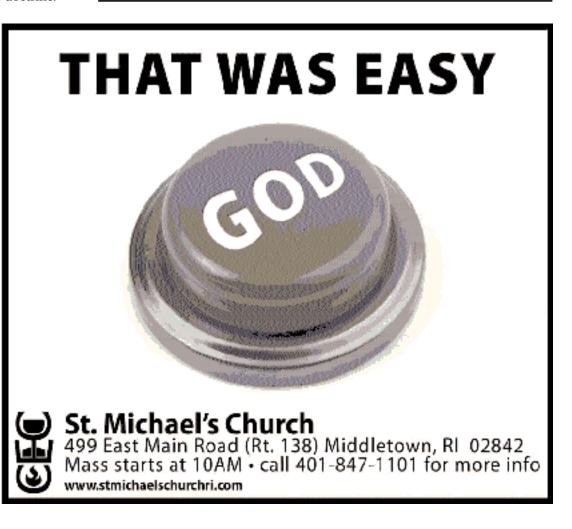
> The Chief of Naval Operations established NWDC in 1998. Its mission is to focus and champion Navy warfare innovation and concepts of operations development in a joint environment; to coordinate the Navy's experimentation process; and to synchronize,



Richard Alexander/U.S. Navy photo

GUITAR MAN — Retired Chief Musician John Monllos jams with Navy Band Northeast musicians for his graduate degree recital at the Fine Arts center, University of Rhode Island last week. At rear is Musician 1st Class Jason Robertson, on drums. Others in the band were Musicians 1st Class Ricky Micou and 3rd Class Colin Trusdell, and Joe Parillo and Art Manchester.





Newport Navalog, Fric

April 13, 2007

Naval Health Clinic New England (NHCNE) Newport recognized its Civilians and Contractor of the Year for 2006 in ceremonies recently at Building 43.

Capt. Patricia Goodin, Commanding Officer of NHCNE, presented the awards.

Veronica Rabitor was named the NHCNE Newport Senior Civilian of the Year (GS-08 and above) and winner of the NHCNE-wide Senior Civilian of the Year. That competition was between the five Naval Health Clinic sites that comprise NHCNE: Portsmouth, N.H.; Groton, Conn.; Brunswick, Maine; Saratoga Springs, N.Y.; and Newport.

Rabitor has almost 22 years in civil service and she is a budget analyst for NHCNE Newport. She is a resident of Middletown.

Linda Dokken was named NHCNE Newport Junior Civilian of the Year (GS-07 and below) and the winner of the NHCNE-wide Junior Civilian of the Year among the five clinic sites.

Dokken has been in civil service for 34 years, she currently works for the Director for Administration at NHCNE Newport and she lives in Tiverton

Marianna Oldal was named NHCNE Newport Contractor of the Year. A resident of Portsmouth, she has been with ProSoft and NHCNE since August 1999. Besides winning the Contractor of the Year for NHCNE Newport, she also received the command coin for outstanding performance.

Sears RETAIL DEALER STORE

Leng: Selection of eppliences, I everliganten equipment, vectumes, end mattreeses. Seans offers shoot of quality have in processarily, including replacement windows, eliding entry doors, likthen remoteing and cabinet refering new centre healing and coding eyelenne. Selection guaranted or your money back Delivery (Sin healdion eveletic.)

600 Aquicheck Are., Middletown 8 46-7004 Locally owned by Chris Semonelli





HM3 Melissa Rieger/U.S. Navy photos

Capt. Patricia Goodin, at right in each photo, Commanding Officer of Naval Health Clinic New England Newport, recognizes from left, Veronica Rabitor, Senior Civilian of the Year; Linda Dokken, Junior Civilian of the Year; and Marianna Oldal, Contractor of the Year, all for 2006, in ceremonies recently at NHCNE.

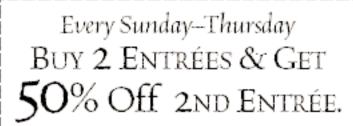






New claseout & special purchase items arriving delly.







This winner, dine with Rhode Islands.
Chef of the Year* and receive 50% off your second exerce. Named one of the top to new restaurants in the US by Esquire Magnine, Briscol's DeWolf Tevern features award-winning contemporary American cuisine in an historic waterfrom setting.

DeWolf TAVERN

Reservations: 401.254.2005 or Info@DeWolfTavern.com

DEWOLE DATES AT THAMES STREET LANDING 250 THAMES STREET, RESTOL, RI WINN DEWOLE TAKEN DOM

na proces richt al er pare same et as samel. O'lle peut de esp it Theretog, April 26,200 f. provins audit est et harbor eller. Quand sema prins en ete sep el sem tos the charcha pet. ha firm erras. "Americally ets Bhala Hard Marytelly and Tanton Assailatos.



Concerts on porch

Band Northeast Navv (NBNE) will return for its second season of Founder's Hall Front Porch Concerts at the Naval War College Museum, Coasters' Harbor Island, this spring and summer.

Lt. Carl Gerhard, director of NBNE, has scheduled a fivepiece woodwinds concert by Crosswinds on April 17 at 5

Crosswinds, one of the band's newest units, consists of a flute, oboe, clarinet, bassoon and horn. The Crosswinds play specially crafted arrangements of traditional marches, classical favorites, and contemporary music.

TODAY, April 13

- The Look! Doris Duke's Day and Evening Wear, styles worn by the late tobacco heiress and philanthropist from 1930s to 1980s, Rough Point mansion, Bellevue Avenue. Continues to April 30. Call 849-7300 or visit www.newport restoration.com
- Pawtucket Red Sox Opening Night, McCoy Stadium, One Ben Mondor Way, Pawtucket, 7 p.m. The first home game of the season is against the New York Yankees affili-



Contributed photo

A youngster races through the aisles looking for plastic Easter eggs on the shelves of the Newport Commissary on April 1. The store was open a half-hour early for the kids' treat.

ate, Scanton. Call (401) 724-7300 or Anthony Road, Portsmouth, 8 p.m. visit www.pawsox.com for informa-

• Operation Purple Summer Camp, Camp Fogarty, East Greenwich, R.I., registration continues through May 1, for children ages 9 to 12. Call (401) 275-4032 or visit www.nmfa.org for information.

SATURDAY, April 14

- Rhode Island trout fishing season opens, trout stocked ponds across Rhode Island, 6 a.m. Licenses \$18 for adults: \$5.50 for trout keeper stamp, Call Outdoor Recreation.
- Tarbox Ramblers, Common Fence Point Community Hall,

(doors open at 7) Call 683-5085. Visit www.commonfencemusic.org.

- Celebrate spring wine tasting, Newport Vineyards, 909 E. Main Road, Middletown, 11 a.m. to 5 p.m. This is a specialty vine, cheese and food event. Call 845-5161 or visit www.newportvineyards.com information.
- 2007 Daffodil Days, spectacular display of 50,000 springtime daffodils, Wednesday through Sunday, 10 a.m. to 4 p.m., Blithewold Mansion, 101 Ferry Road, Bristol, until April 21. Call (401) 253-2707, ext. 14. \$10 admission.

SUNDAY, April 15

- Chapel of Hope worship services:
- Protestant service, 8 a.m. and 10:30 a.m.
 - Catholic mass, 9 a.m.
- Providence Roller Derby, Rhode Island Convention Center. Open to the public.
- Mrs. Astor's Salon, Astors' Beechwood Mansion, Bellevue Avenue, 5 p.m. See the Beechwood Theatre Company perform classical and contemporary music. Call 846-3772 or email tours@astorsbeechwood.com or visit www.astorsbeechwood.com for information.
- Providence Roller Derby, Rhode Island Convention Center, 6 p.m. New England Roller Derby (NERD) vs. Texas Hell Marys. Roller derby competition at its best. Visit www.providencerollerderby.com for information.

MONDAY, April 16

•Little Rhody Boys State and Girls State annual convention, Perry Hall classrooms, Naval Station Newport, visits by state and federal elected officials. Continues to April 20.

TUESDAY, April 17

- Nora Jones concert, jazz, country, blues and folk, Providence Performing Arts Center, 220 Weybosset St., Providence, 7:30 p.m. Tickets \$63 Call 421-2997 or www.ppacri.org.
- Climate Change and an Inconvenient Truth, presentation on the controversial global warming issue, by Dr. Jana Hesser, with documentation on global warming from Al Gore's acclaimed film, An Inconvenient Truth, Norman Bird Sanctuary, Third Beach Road, Middletown, 7

p.m. from \$7 admission. Call 846-2577.

· Great Decisions Lecture Series. Salve Regina University, retired Capt. Guy Abate to speak on on International War Crimes prosecution, 7 p.m. Lecture series continues Tuesday evenings through April 24.

WEDNESDAY, April 18

• Big Band Night, Larry Brown's Swinglane 18 piece jazz band, Astors' Beechwood mansion, Bellevue Avenue, 7:30 p.m. Reservations recommended. Call 846-3772 or visit www. as tors beech wood. com.

THURSDAY, April 19

- Harry Connick Jr. concert, Grammy, Tony and Emmy award winner, Providence Performing Arts Center, 220 Weybosset St., Providence, with his Big Band, 7:30 p.m. Tickets \$75, \$65, \$55, \$45. Call 421-2997 or *visit*
- www.ppacri.org
 Morale, Welfare and Recreation (MWR) school vacation week special, Seaview Bowling, continues Friday, noon to 5 p.m. Half price bowling for kids 16 and under. Call 841-4293 for information.Rhode Island Safe Boating
- Course, Officers' Club, Fleet Room, 6 to 9 p.m. Register at the MWR Administrative Offices, Building 1121. Monday through Friday, 9 a.m. to 4 p.m. Call 841-3855 for informa-

Upcoming:

April 20—Navy Warfare Develop-ment Command change of command, Spruance Hal, Naval War College, 1 p.m.

Jewish Shabbat Service, 5:30 p.m., Naval Chaplains School, Korn Worship Room. Call Chaplain (Cmdr.) Mitch Schranz, Chapel of Hope, 841-2234.



Double Deal

plus tax

Two Large 1-Topping Pizzas Large 4 Topper

plus tax Any Large Pizza with up to 4-Toppings

plus tax One Large 1-Topping Pizza, an Order of Garlic Twists or Cinnamon

Sticks & a 2-Liter of Soda

Buy Any Large Pizza and get a Medium Cheese Pizza

88 Broadway, Newport

846-9300 City Hall

Nobody delivers a better pizza!

All Hewport, parts of Middletown & to Haval Base

Painful reminder of horror

WASHINGTON — This Sun- towers of Nazi conday is Holocaust Remem- centration camps. brance Day— a time set aside It has an unsettling by the U.S. government to industrial remember the unbelievable feeling-exposed crimes against humanity and genocide against the Jews committed by the Nazi government from 1933 until 1945.

I had the opportunity to visit the U.S. Holocaust Memorial Museum in Washington, D.C. The museum was chartered by a unanimous act of Congress in 1980 and officially opened in 1993. From the moment you walk up to the massive building and through its doors you will begin a journey of despair, heartache, and ultimately, hope. Do not come American soldier after Dachau without expecting to shed a tear or two.

In tribute to this day, I would like to share these reflections...

The first thing you will notice about the museum is the architecture of the building. It resembles the watch-

girders, grated floors, steel beams here and there, all symbolic of the

industrial mind-set the Nazis had in executing their murderous acts.

Disjointed angles in the walls and ceilings drive home that this was event will continue to shake humanity for generations. Yet, despite its brilliant architecture, the most moving things are the small ones: a child's doll found by an was liberated; the wooden scent that fills your nostrils as you walk through the railway car that brought thousands of people to their deaths at Auschwitz; spent canisters of Zyklon B poison gas.

Your senses are all assaulted

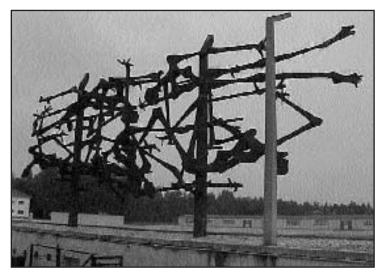


Chaplain **Schranz**

by the reality of events which cannot be rationally understood.

With all that, there is another side to the story. You will surely find within this museum much that will inspire you - that part of the museum which enshrines the other incomprehensible part of the human spirit: the ability of ordinary people to display courage, dignity, faith and love in the face of the firestorm.

You will see an actual fishing boat used by brave Norwegian fishermen to ferry Jews to safety in Sweden; the cap worn by the humane and decent captain of the St. Louis (a story itself); prayer books secretly right to life, liberty and happi-



The symbolic memorial at the Dachau concentration camp in southern Germany was erected in 1997.

used by concentration camp prisoners.

visited the museum was cold, rainy and gray. As I exited the building, shaken by what I had Washington Monument, as son Memorials. I realized that these great monuments are abiding symbols of America's commitment to every person's

In a short distance of time On a personal note, the day I and space I had witnessed reminders of the best and worst of the human spirit. I was reminded of man's potenjust experienced, I passed the tial to do good or evil and that we must bless humanity with well as the Lincoln and Jeffer- the inner light and goodness that exists in each of us.

> As I said earlier, you will shed a tear or two. . . of sadness and of hope...

God bless, and stay great!









Hampton Inn & Suites 317 West Main Road Middletown, Rhode Island 02842

Phone: (404) 848-6555 | Pax: (404) 844-0049 minri_hampion_suites@hillion.com

Signor Hilbon Hospitality in a membership, earning of Points dikilles[®], and redemption of points are subject to Hillon Hitlanare Terms and Conditions

The staff at GMH military housing has invited all its housing residents to join a new walking club stepping off in May. The club will meet once or twice a week, to provide a socializing opportunity while getting in shape.

For more information, contact Debbie Beard, GMH Outreach coordinator, at 846-8877.

Gates 4 and 2 open April 16

Naval Station Newport Security has announced that Gate 4 on Coddington Highway to reopen on April 16 for normal hours, and Gate 2 from 6:30 to 8 a.m. for the morning commute, and 3:30 to 5 p.m. for the evening commute.

Auxiliary Security Force personnel have been manning the gates until a contract dispute was resolved.

Starbase Atlantis seeks applicants

Application for Summer Camp sessions at Starbase Atlantis are available by calling 841-4108 or by emailing *michele.edwards@navy.mil*. Session I runs July 9 to 12 for 9 to 11-year-olds; and Session II is scheduled for Aug. 6 to 10 for 11 to 13-year-olds.

No parking warning at NFCU

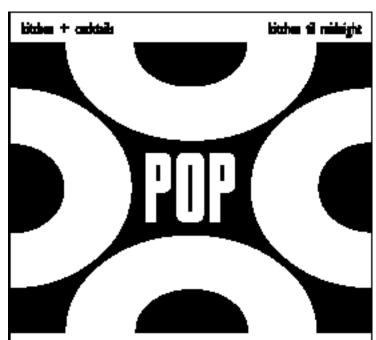
Naval Station Security warns customers of Navy Federal Credit Union that there is no parking in the access lane in front of NFCU. The road is intended for emergency access and drive up window customers only.

NAVFAC Public Works will be painting the curbs and putting additional no parking signs. Illegally parked cars will be ticketed on that road.

There is ample customer service parking in the Navy Exchange shared lot in front of the building, Security says.

Museum open later hours

The Naval War College Museum is now open a half-hour later on weekdays. Effective last Monday, the museum and the Naval War College Foundation Museum Shop will now be open Monday through Friday from 10 a.m. to 4:30 p.m.



THE LIGHTS ARE LOW. THE FIRE IS LIT.

MONDAYS: Man thre Wed Half price appetrant, 5-9 pm.
TLESDAYS: Karacke right 9pm.-lam. CASH PRIZESS
THURSDAYS: COLLEGE NIGHT DJ Remedy & DJ Miles D 9pm.-lam.
FRIDAYS: DJ Bertek 9pm.-lam.
SATURDAYS: DJ Remedy 9pm.-lam.

162 BROADWAY | NEWPORT, RI | 401-846-8456 popkitchenandcocktails.com Newport GRAND 5 L O T S

The first Slot Club in Rhode Island that rewards you for your slot play



\$25,000 \(\overline{\pi} \) FAST CASH GIVEAWAY April 1-April 30

SWIPE EVERYDAY 10AM - MIDNIGHT

WIN UP TO \$500 INSTANTLY

Win \$25, \$50, \$100, \$250 or even \$500 just by swiping Over 1,000 instant cash winners!



SIGN UP NOW

FOOD COUPON \$10.00

Present this across at the Conel Research Conter when you sign up for your feet Grand Research and to remove a \$10 feed.

The members only. Country and tax not included. Not wild for shoulded berouges. No each value. No change given, You must be at least 10 years of age to participate in the Grand Research youguns. Limit two now members per necess offer.

Compact capters 4/80/47

150 Admiral Kallifus Boad, Newport, BI 02840 + 401-849-5000
FREE admiration & packing + Open daily 10mm to 1 am + www.newportgrand.com

Newport Navalog, Friday, April 13, 2007



Kelly Conner/MWR photo

Jon Dillworth, Morale, Welfare and Recreation Department Marina employee, affixes sea bird names on one of four new Stuart Rhodes 19 sailboats at Building W-36 this week. In background is the Sea Hawk.

Fleet and Family Support Center

CONSEP helps in career decisions

the Fleet and Family Support career planning. This training ing—The SAVI program is Center workshops and meetings requires registration. Call 841-2283 for information.

A four-day course called, Career Options and Navy Skills Evaluation Program (CONSEP) for First Timers, will be held at the Fleet and Family Support Center from April 16 through the Navy Federal Credit Union to the installation Sexual 19, from 8 a.m. to 4 p.m. for are presenting a Youth Money Assault Response Coordinator service members with less Fair at the FFSC, on Friday, (SARC) for all commands; than six years of service.

CONSEP provides service members with the information decision about their Navy career. Training topics include self-assessment, personal financial planning, Navy

EDITOR'S NOTE: Some of career options, and civilian vention (SAVI) Adocate trainalso assists service members in looking for dedicated Sailors planning for their retirement and installation personnel, and ensuring they are competitive with their civilian coun- committed to sexual assault terparts.

Youth Money Fair—As part of the National Youth Savings Challenge, the Fleet and Family Support Center (FFSC) and April 20.

The fair is geared toward children ages 3 to 18 and will needed to make an informed run from 11:30 a.m. to 3:30 p.m. There will be games, annually thereafter. prizes, pizza, and soda. Registration is not required.

Sexual Assault Victim Inter- a.m. to 4 p.m.

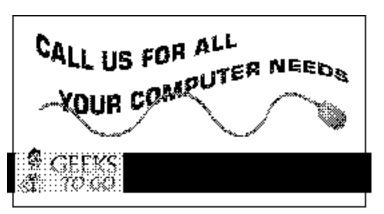
male and female, who are prevention and response.

The Victim Advocate Program provides trained Victim Advocate (VA) volunteers to respond 24/7 and who report mandates that VA's, military and civilian, participate in a minimum of 20 hours of initial training and at least 15 hours

Victim Advocate Training, is scheduled for: April 23-26, 9

	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.
9	Boys Will	Boys Will	Boys Will	Identity	Two Kinds	Children	Taming
a.m.	Be Boys	Be Boys	Be Boys	Theft	of Touch	and Severe	Dragons
	,	,		Protect		Anger	Anger
				Yourself			Management
7	Boys Will	Boys Will	Boys Will	Identity	Two Kinds	Children	Taming
p.m	Be Boys	Be Boys	Be Boys	Theft	of Touch	and Severe	Dragons
				Protect		Anger	Anger
			l	Yourself		_	Management

HELPFUL VIDEOS - Fleet and Family Support Center videos are offered twice a day at 9 a.m. and 7 p.m., seven days a week over Newport Naval Cable Television channel 13. The specialized videos are designed to help military members and their families with the frequent challenges and problems of daily life.





WWW.NEWPORTBLUES.COM



Coaching the cats

Sean Sullivan, right, a Naval War College professor and coach of the Rhode Island Panthers women's hockey team, talks some strategy during a game in the USA Hockey National Championship in San Jose, Calif.

Contributed photos

NHCNE staffer brings Panthers silver on ice

NWC professor coaches R.I. women's hockey squad

By SEAN SULLIVAN

R.I. Panthers Coach

SAN JOSE, Calif. — The director of physical therapy at Naval Health Clinic New England helped her team bring home a silver medal in the 2007 USA Hockey Women's Senior C Division national championship game was National Championship in San Jose

Therapist Mariann Jaroszynski plays for the Rhode Island Panthers this season which lost to the Cape Cod Black Dogs, 2-0, in the national championship game in San Jose. Naval War College Professor Sean Sullivan is the team's coach.

This marked the first time in a decade that a R. I. hockey team played in a game for the national title.

Panthers in 1998 and is now the team would be eliminated from the tournacaptain. Sullivan took the reigns as ment. head coach and director of adult hockey in 2002.

"This season our goal was to win a New England regional championship and get the chance to play in the national championship tournament," said Jaroszynski. "Last year we lost 2-1 in the regionals to Connecticut, and it stuck with us all year. In the off-season, drew the reigning national champion,

our team never stopped playing and working and this year we were ready,"

The Panthers dominated every aspect of play winning all four games including a 5-0 victory over Team Con-

In San Jose, the Panthers road to the thrilling, as the Cranston City Cats scored the tying or game-winning goal in the third period of all five games prior to the title match. Opening the tournament with comeback ties against the Utah Storm (3-3) and the Phoenix Scorpions (4-4), the Panthers got on a roll with a 3-2 comeback win against the Concord Flames (PA).

The third qualifying round game against Concord was a must win game for both teams. The winner would Jaroszynski started playing for the move to the quarterfinals and the loser

> With six minutes to go in the game, the Flames tied Rhode Island, 2-2. With less than four minutes remaining, Jaroszynski took a pass from linemate Sarah Cinelli and with a wrist flip, sent the game winning goal into the top corner of the net.

In the quarterfinals, Rhode Island od to tie the game.



Mariann Jaroszynski, right, Rhode Island Panthers and director of physical therapy at NHCNE, scores an overtime goal against the Tampa Bay Elite to win the semifinal game, 3-2, that sent Rhode Island to the nation al championship game.

the Wheatfield Blades. The Blades had into the top left corner with 1:28 to play beaten the Panthers in November in a tournament in Albany, N. Y., 4-2. Once again third period heroics sparked the a wrist shot with 6:25 in the third peri-

From there, Aleta Mills roofed a shot Panthers, Page 11

for a 3-2 win to keep the Panthers alive in the tournament.

The semifinals pitted the Panthers victory as Cranston's Jamie Angell against last year's silver medalist, scored her second goal of the game on Tampa Bay Elite. Tampa Bay opened the scoring in the first with a goal by Kim Archer. But it was the Panther

England Regional Championship trophy aloft after the Rhode Islanders defeated Team Connecticut, 5-0, at Kents Hill, Maine.

Panthers

Continued from Page 10

as Jaroszynski evened the scored at 1-1 in the second period.

At the start of the third period, a Panther breakdown led to a breakaway goal by Tampa Bay and once again the Panthers were behind in the third period, 2-1.

game, the Panthers pulled goaltender Alisha Dziadosz for I expected for our players, the extra attacker and it paid off as Angell found the back of the net through a wall of in planning and executing all screeners and defensive play-

dug the puck out of the corner and centered it to the front of for a trip to the finals.

In a game that could have been played on a pond in son with greater certainty. "We southeastern New England, the Panthers faced off with the onship this year to think that Cape Cod Black Dogs. Cape we will not return next year. Cod scored first and used its Good teams are better the secneutral zone trap and ond time around. The players

power play that would answer, Rhode Island's athletic advantage.

> It was the first time this season that the Panther offense was shut out. Unlike all previous games, the championship game was relatively penalty free, and special teams were not a factor.

"The USA Hockey National With 1:30 to play in the Championship Tournament was exactly the experience that coaches and families. USA Hockey did an exceptional job of the details that make this event so memorable and sig-In overtime, Ali Connolly nificant. In the Nationals, every team is a champion and the level of play is outstanding. the net, where Jaroszynski I made an effort to make sure chipped in the game winner that our players felt the significance," said Sullivan.

Jaroszynski looks at next seawere too close to a champiforecheck system to negate on this team are the type of



Team captain Mariann Jaroszynski, second right, celebrates with her teammates after the Panthers defeated Tampa Bay Elite.

people that will stay together season with a 24-6-5 record. and work to get us all back to the title game again next year. We have a group that enjoys the fun of our team and hockback next year," said Jaroszyn-

The Panthers finished the USA Hockey Nationals.

The Panthers are the Rhode Island state women's hockey champions for the last five seaey and has the ability to get us sons, the 2007 New England Regional champions, and now silver medalists in the 2007



Now Leasing

Military Families, Single Sailors, Military Retirees and DoD Civilians Welcomed!!

Amenities Include:

- 2 & 3 Bedroom Homes
- Washer/Dryer Hookups
- Minutes from NAVSTA Newport
- 1 Car Garage

- Utilities Included
- 24 Hour Maintenance
- Brand New Community Centers 🖈 No Security Deposit with Allotment Option
 - Pets welcome



369 Greene Lane, Middletown, RI 02842 401-846-8877 www.navstanewporthomes.com

For more information, call Seaview Lanes at 841-4293.

Youth Fitness at Gym 109: April 16 and April 18, 9 to 10:30 a.m. or 1 to 2:30 p.m.; and April 17 and April 19, 9 to 10:30 a.m. or 1 to 2:30 p.m.

Children, ages 10 through 14 and accompanied by a parent/guardian. may attend classes to learn about nutrition and the importance of a healthy lifestyle, training methods, and to have the opportunity to workout in our facilities.

For more information, call Gym 109 at 841-7196.

Batting cages in FITNESS Plus: April 16 to 20, open 5 a.m. to 7 p.m. Baseball or softball cages will be \$5 for 30 minutes, and golf, \$2 for 15 For more inform minutes. For more information, call Lanes at 841-4293

Bowling

(Building 656, 841-4293)

Come take a look at the Seaview Lanes Bowling Center state-of-theart facility now featuring regular and Xtreme bowling.

Hours of operation are:

Monday, closed; Tuesday through Thursday, 5 to 10 p.m.; Friday 5 to 11 p.m.; Saturday, 1 to 11 p.m.; and Sunday, 1 to 8 p.m.

Rates: \$3 per game and \$1.50 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, \$25 for the night (shoes included) or \$3.50 per game and \$1.50 shoe rental. (Gym 109, Plus, 841-1474) Golf lessons beginners are instructor Day

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

For more information, call Seaview

April specials:

April 19 and 20 — School spring break special. Seaview opens at noon with half price bowling for kids 16 and under, until 5 p.m.

April 28 — Family Night Xtreme Bowl starts at 7 p.m. with half price bowling for everyone. The fee is \$5 per hour per person (includes shoes), or \$1.75 per game!

Special fitness activities

(Gym 109, 841-3154/FITNESS

Golf lessons: Golf lessons for beginners are being offered by instructor Dave Fickel, a licensed golf teacher through the U. S. Golf Teachers Federation (USGTF). All

LEISURE, Page 13



Contributed photo

Cody Sellers, co-captain of the state champion North Kingstown, R.I., Skippers hockey team and son of Cmdr. Karen and retired Cmdr. Roger Sellers, was selected by the R.I. Hockey Coaches Association for the 2006-2007 Division III Central First Team Defense. Sellers is the public affairs officer at the Naval War College.



Daily Entracs
Homestyle Take-out Meals
Imported Italian Pasias,
Oils & Coffees
Specialty Sandwiches
Desserts
Homemade Sauces

Nime Prince to Street Billion Britannia Hopet 947-8200





Flats, Cribs, and Pads— Find Yours @

www.chapmanenrlone.com

Our rental data base has over 1,000 listings!



OPEN MONDAY - SATURDAY 9-5, SUNDAYS 12-5





Leisure

Continued from page 12

patrons will receive a free 30-minute initial consultation.

The fees are: adults (18 and over) \$60 for three, 45-minute lessons; and juniors (17 and under) \$40 for three, 45-minute lessons.

For the juniors, parents must remain on premises with the child for the entire lesson. All lessons take place at FITNESS Plus, Building 355.

For more information or to make an appointment, call 207-1795.

Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation, Monday to Thursday, 4 to 9 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; and Sunday and holidays, 2 to 10 p.m.

April Events:

Tonight — Midnight Madness. The center will be open until midnight

April 14 – Shopping trip is planned to the Providence Place Mall, from 10 a.m. to 6 p.m.

April 15 — Make your own ice cream sundae, free.

April 19 — Ping Pong Tournament begins at 7 p.m.

April 20 — Pool Tournament begins at 7 p.m.

April 21 — Halo 2 Tournament begins at 3 p.m.

April 24 — Movie Marathon, with free popcorn

April 27 — Texas Hold 'em begins at 7 p.m. with prizes for top three players.

April 28 — Bus trip planned to Six Flags New England Get the details at Liberty Center.

April 29 — Chess tournament begins at 3 p.m.

Pool 307

(Pool 307, 841-6628)

Swimming lessons for all skill levels are offered, preschool (ages 3 to 5) and Level 1, 2 and 3 (ages 6 and up).

The next session of swim lessons are from May 14 through June 8. Lessons meet twice a week for four weeks and cost \$50 per person.

There will be no classes on May 28. Registration is ongoing at Gym 109, Monday through Friday, from 8 a.m. to

For more information, call 841-7196.



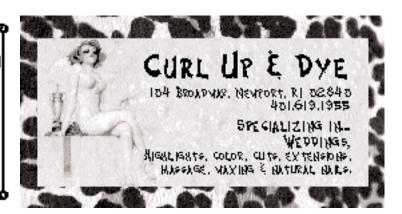
GRATEFUL HEART
Bookstore

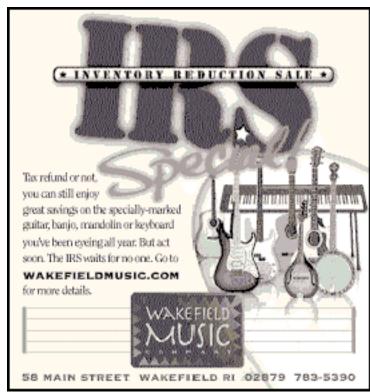
Melaphyeical, éphthud, éelt Heb 3 Natural Healing Bodes Unique Jesel ny 3 Unusual Allie Oryelde, Natural étones, Oardes Oardies Music à Mediation ODs Kitlan Jura Phokes

17 W.Main éireal † Widdord, fil (2562 Fhone: (401 jp24-653) éhop on line di sessa graleitheart com Open éun, 3 Mon. 12-6 †Tues, éd. 10-6 COME CHEST OUT
THE
COLONIAL TAVERN
YOUR FRENCY NEIGHBORHOOD BAR
FIESTA LATINA SUNDAYS!
BEHND THE BAR

SUNDAY & MONDAY - ÉLLEN TUESDAY & WEDNESDAY - MIKE THURSDAY - SKTUNDAY - STAGEY DJ FRENCS, SARUNDAYS

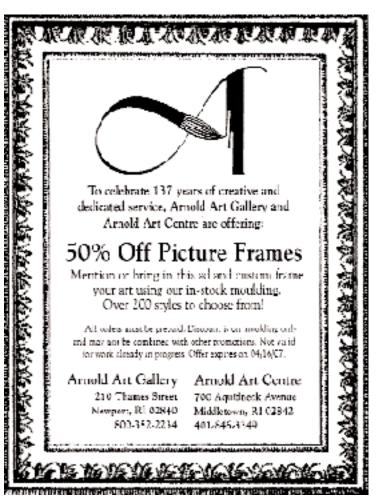
& SUNDAYS 18 Виоловат, Невтокт 848-7773











Information, Tickets & Travel

ITT has ticket supply for Tim McGraw/Faith Hill

The Information, Tickets and Travel Office has acquired tickets to the sold-out Tim McGraw/Faith Hill concert at the TD BankNorth Garden in Boston on Friday, July 6.

Tickets go on sale today at 8:30 a.m. in the ITT Office located in Building 1121. No phone sales – patrons must be in person with a valid military/Department of Defense ID. Tickets are \$155 each and are limited to four per person.

Tickets are located in the VIP Deck and include appetizers and a private cash bar. For more information, call the ITT Office at 841-3116.

Get a ticket to N.H. auto racing

NASCAR's Nextel Cup Series 11th annual Sylvania 300 will be Sept. 16 at Loudon Speedway in New Hampshire.

ITT has tickets at \$102.50 each for the Laconia Section, rows 26 through 28. For more information, call the ITT Office at 841-

ITT has your ticket to Doodlebops

Information, Tickets and Travel has discount tickets to Doodlebops today at 4 p.m. at the Ryan Center, University of Rhode Island. Tickets are \$27.50 each.

Meetings/Reunions

USS Springfield

The USS Springfield Bluejackets, Inc. (CL66/CL67/SSN761) will hold its 16th reunion on April 26-29 at the Omni Hotel, Newport News, Va. For information, contact John W. Adams of 71 Brookview Road, Windham, N.H. 03087-1780. Phone is (603) 598-2806, and email is johnmrwillie@aol.com

Retired enlisted to meet

The Retired Enlisted Association, Chapter 79, will meet Saturday, April 14, at the Middletown VFW Hall at 52 Underwood Lane. For more information, call 846-7892.

USS Nitro (AE-2 and 23)

WASHINGTON, D.C. The USS Nitro AE-2 and AE-23 Reunion Association is seeking former shipmates for the reunion June 21-24 in Washington D.C.

Contact Bob Eberlein by email at ebb23@aol.com or visit the Nitro's website, www.ussnitro.org. The homeport for the USS Nitro AE-23 was in Davisville, R.I., from 1959-1975.

USS Maddox

The USS Maddox Destroyer Reunion Association is seeking former shipmates for a reunion on Sept. 3-16 in Herndon, Va. Contact Cliff Gillespie at (337) 616-8450 cwgilles45@aol.com

USS Cascade (AD-16)

The USS Cascade (AD-16) is seeking old shipmates for a reunion Sept. 23 to 30 in Boston.

Contact Barb Kennovin (302) 975-2719 or Bob Croghan at (314) 843-6615.

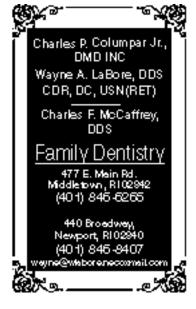
Foghorns Toastmasters sharpens public speaking

MIDDLETOWN — The Island Foghorns Toastmasters Club meets from 4:30 to 5:30 p.m., the first and third Thursday of the month, at the Middletown Public Library, 700 West Main Road.

Toastmasters International is a proven communication and leadership program. For more information about, contact Mary Ann Grota at 841-4196, VPPR06@gmail.com, or Jan Wheeler, 849-3954, vpofed.foghorns@gmail.net You can also visit Toastmasters International at www.toastmasters.org









Celtic Tattoos www.tribal-celtic-tattoo.com



GOT A SKELETON IN YOUR CLOSET?



If you've been arrested in Rhode Island, even once, you probably have a permanent criminal record . . . even if you were found not guilty or your charges were dismissed! And it is becite deal easy for ANYONE to discover your secret, unless you take the necessary steps to erase your criminal record. Call now and order our Free Special Report. In it we explain: How disturbingly easy it is for ANYONE to perform a criminal background search on you; Whether you qualify to erase your criminal record; and What steps you should take to make sure your past doesn't haunt you. Read this Free Special Report in the princey of your own home, without any pressure and with no obligations. Please call (401) 849-3040, Ext. 231 and ask for the Expungement Report.



& Newport's Best Kept Secret& & Right Near The Basel&

Homemade Soups · Salads · Lunch Daily Specials

* OFFERING A 10% MILITARY DISCOUNT *

27 connell highway, next to Bridge Liquors **849-0123**

Buy 1 Sandwich GET ONE FREE!

Мизь ртезень сохирон.

Cannot be combined with any other offer. Exp. 4/30/07.

SEEKONK, Mass. — Seekonk Speedway is honoring all military members on Armed Forces day, May 19, beginning at 6 p.m. with a special night of exciting racing (NEMA Midgets, Pro Stocks, Late Models Street Stocks, and Trucks).

Any servicemember with a valid ID will be admitted free; dependents with an ID will receive a \$5 discount (12 and

under are free, and ages 13 to 15 are \$4 each).

Seekonk Speedway is Exit 1 off Route 195 East.

For information contact Jennifer T. Rose of CMW & Associates, Inc., R.I. National Guard, Family Assistance Center specialist at (401) 275-4057.

Free breakfast

PORTSMOUTH — Breakfast on the go will be served free Friday, May 18, from 7 to 8:30 a.m. at the Steven Street entrance to GMH military housing in Melville.

For more information, contact Debbie Beard, GMH Outreach coordinator, at 846-8877.

GMH yard sale

GMH military housing will host a community-wide vard sale on Saturday, May 19, from 8 a.m. to 3 p.m.. The event is open to all residents, and GMH will provide all advertising and signage.

Make table reservations with the GMH office at 846-8877 to participate.

Rain date is May 26.

Porch concert

Navy Band Northeast will return for its second season of Founder's Hall Front Porch Concerts at the Naval War College Museum, Coasters' Harbor Island, this spring and summer.

Lt. Carl Gerhard, director of NBNE, has scheduled a fivepiece woodwinds concert by Crosswinds on April 17 at 5

Crosswinds, one of the band's newest units, consists of a flute, oboe, clarinet, bassoon and horn. The Crosswinds play specially crafted arrangements of traditional marches, classical favorites, and contemporary

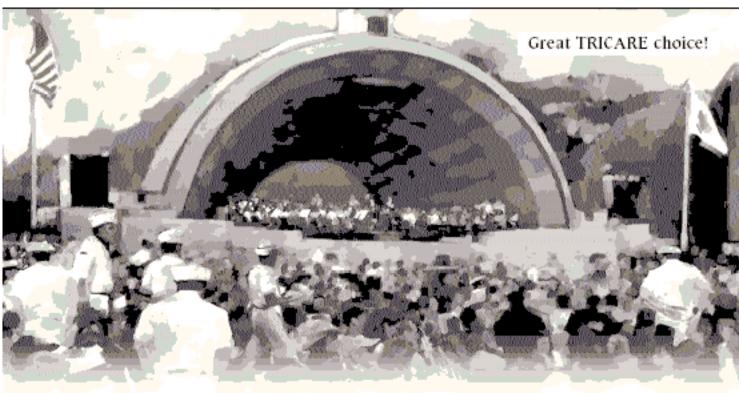
The Navy Band Northeast Showband will perform May



ROADSIDE SERVICE Coming Soon





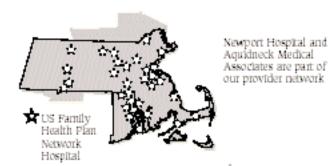


"When I found out that this plan was a TRICARE option, my worries were over."

COL Edward Graham, US Army (Ret.) US Family Health Plan member, Cohasset, MA

US Family Health Plan serves thousands of members who are genuinely happy with their choice of TRICARE plans. Our member satisfaction rating is 91.6%* (26 points higher than comparable health plans nationwide). Enrollment is open all year to TRICARE eligibles of all ages.

"2006 survey by The Myers Group.



- "Excellent care I feel like a person and not just a number."
 - Elaine McGinn, member, Brookline, MA
- "There's no problem getting referrals and the people couldn't be nicer. I love this plan."
 - Carol Butler, member, Attleboro, MA
- "I switched from TRICARE Standard and couldn't be happier. I was paying out of my pocket for every little thing; now I don't pay a penny."



MORE THAN A QUARTER CENTURY OF SERVICE 1-888-815-5510 (toll-free)

www.usfamilyhealthplan.org



Today: Lunch begins at 11 a.m. at the Topside Pub with wait staff service. The pub menu is available until 10 p.m.

Tonight: Kick off the weekend at the Topside Pub in the Officers' Club, the place to be with complimentary hors d' oeuvres

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until 10 p.m.

Monday to Friday: Lunch begins at 11 a.m., at the Topside Pub where you can order from the menu all day long. Lunch service is open to all-hands from 11 a.m. to 4 p.m. There are always daily specials available from 11 a.m. to 3 p.m. and menu is available until 9 p.m. Monday through Thursday and until 10 p.m. Friday and Saturday.

Thursday: Lobster Night from 5 to 7 p.m. in the Topside Pub. One and a quarter-pound select lobsters for a price you won't find anywhere else! Also available a la carte are: Buffalo wings, baked potatoes and side salads to complete your dining experi-

Just a reminder: The O' Club Ballroom is under renovations until spring, but the remainder of the club is open. Call catering for your party needs. The O' Club can also bring the party to

Enlisted Clubs

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open Wednesday to Saturday, 4 to 11 p.m. The CPO Club is Wednesday to Friday, 4 to 11 p.m. Pub menu is available Wednesday through Saturday, 4 to 8 p.m.

Tonight: Stop by for a beer or cocktail, and order from the pub

Wednesday: "Wild Wings" Night from 4 to 8 p.m. A basket of chicken wings is available three ways, plus fresh celery and blue cheese dipping sauce. It's just \$2.75!

MWR happy hour: On Friday, April 20, prices will be reduced on domestic drafts and sodas from 5 to 6:30 p.m. For more information, call the Enlisted Club at 841-2575.





FRESH MEATS . DELI SPECIALTY FOODS

EAT-IN OF TAKE-OUT

\$1.00 off Any Specialty Sandwich

(WITH COUPON — Good for up to 4 sandwiches/visit)

396 Main St., Wakefield PHONE/FAX 788-9305

Нать Мон-РА. 900 sm.4:00 pm., Ssl., 10:00 sm.4:00 pm., Stm., 10:00 sm.4:00 pm



FREE WOODEN PALLETS

Good for firewood, basement storage & other uses.

Can be picked up at loading dock at

The Newport Delly News; 404 Methonic Road, Newport.

First come, first served.



\$8.95*

Prime Rib Sundays

5pm-9pm * with Grand Rewards Card





Every 30 minutes, we are giving away 5,000 Rewards Points!

April 1-30th

Everyday from Noon - 10pm

Free Live Entertainment

Friday, April 13th 9pm Saturday, April 14" 9pm

Matty B & Joe

karaoke!

Open Dully 10am-1am - Located at the Pase of the Newport Bridge Must be 18+ to enter - 401-845-5000 - www.newportgrand.com

EVANGELICAL FRIENDS CHURCH OF NEW PORT 70 BUSS WINE ROAD MIDDLETOWN RI 401-847-1490 + бол-мро ф©н- візоплян b Sunday School @930am all ages

Sunday Marring Warship @1050am Desdaye: Wouth Müristry (12-18yes) 63 Opm <u>Watresdaye</u>: Wille Study @630pm Other Micristries Available A Christ Contorol, BittleBoard Chart to Know Christ and marks

lrish Heritage Comedy

Christ Batter Krosse". John 8:31:32

Stapisky, thá UNU NA MAMAK

TERROLIGH APRIL 18

Friak Sanf இடிக் ⇔ வீன கூடு 2 ALL SEATS \$20

Mesotion NAJALOB zosi gef \$3 OFF By to # Seats REMEMBER WE'RE B.Y.O.B.

FIREHOUSE THEATER Egystáty Prok – Oší Hroodyczy 491-444-4188 (347-1) www.firehonicificator.org



847-6886

13, 2007 Frio Newport Navalog,



Continued from Page 3

directly with registered users through the Web site via individual e-mail or group emails."

DirectLine began as "The Word" in 1976, when former MCPON Bob Walker designed it as a newsletter he sent chiefs and chiefs of the boats. The name changed in 1979 and the paper medium continued for more than 20 years until the cost of producing and distributing it on that scale became prohibitive. Former fully capable and available on

The site had been under-utilized in recent years, though. The focus had shifted to its capability as a means to request retirement certificates - which is still available on monthly to command master the new version — rather than want Sailors to have an open an avenue for communication door, of sorts. But I also want and discussion internal to the chiefs community.

site makes interaction easier.

Message boards are already

MCPON can communicate MCPON Jim Herdt re-intro- a tiered basis to all CPO's, comduced DirectLine as a Web site mand master chiefs and members of the MCPON Leadership Mess. A section is being developed that would allow any Sailor the opportunity to forward the MCPON a message or question directly.

"We're still ironing that out. I to stress that most issues, if not all, can be handled on the The latest renovation to the deckplate or by their chain of command. I don't want to subvert that process."



Ulrich

Continued from Page 2

meet Americans, and American Sailors," he said.

You, the chiefs, will have to learn new skill sets, and understand differences in other cultures. The chiefs then need to instruct the young Sailors how to behave differently. "All eyes are on you."

team; now you're asked to play soccer,"

said there are more changes

news stories is for them to the Navy needs the grassroots and ways to do this so that we petty officer to say what's working and what doesn't.

> "Our end goal is to have an employment plan for our Sailors sustainable over time; to fulfill mission sets," he said.

He said currently the Navy designates (IA's) Individual Augmentees, takes them off "You're a good football shore duty, sends them to Fort Jackson for weapons training Master Chief Evangelista deploys them downrange.

"So what we need is your

"The best way to refute these ahead for U.S. Sailors. He said help with is ideas, prospects can broaden our aperture a bit beyond where we've been traditionally deploying folks.'

> He said one new concept is Operational Support, which would replace the sea/shore rotations and stabilize families.

> The Navy must assists its sister services in joint operations.

We need your help," Evangeand a bit of Army culture, then lista said. "Sailors need to work smarter, not longer."

IMMIGRATION LAW

Sayer Regan Thayer 🗲 Flanagan, www.srtfimmigration.com

Business Immigration Solutions Visa Extensions

Family Immigration Free Consultations

130 Bellevue Avenue Newfort, Rhode Island 02840-7424 401-849-3040



Boys State

Continued from Page 2

Mrs. Robin Woodruff, also will attend.

Scheduled speakers include R.I. Lt. Gov. Elizabeth Roberts, R.I. Attorney General Patrick Lynch, and state Sen. M. Teresa Paiva-Weed.

The students are taught basic principles in the successful management of a democratic

Robert Woodruff, Director, Morale, Welfare and society. The program is designed to supple-Recreation Department, NAVSTA Newport, and ment the instruction taught in high school civics classes.

> Graduation ceremonies will be Friday, April 20, at 7 p.m. in the Building 1112 auditorium at NAVSTA Newport.

Robotics

Continued from Page 2

financial support from Pentair Electronics Packaging, Hasbro, Raytheon, and EFD Inc. (The Nordson Corp.)

Additional funding for the bus to Atlanta was cauired from the R.I. Economic Development Council.

In addition, Team 121 Rhode Warriors of Newport County was selected as one of 30 FIRST teams in the United States to appear in t he book, FIRST Robots: Aim High Behind the Design by Vince Wilcrynski and Stephanie Slezycki.

The book features team profiles and documents the design and development that transforms innovative ideas into sophisticated, high performing robots.

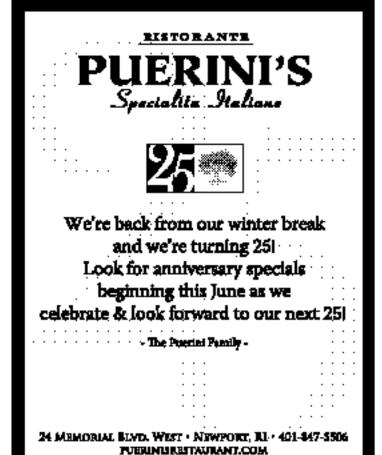
The publishing month is this May.

Gym 109 offers **Runners Clinic**

Visit the Spring Runners' Clinic on Wednesday, April 18, from 10:30 a.m. to 1 p.m. at Gym 109.

One-on-one consultation with a physical therapist will be offered free. Bring in any questions regarding injuries and injury prevention, running gait and technique, and the therapist will analyze you on a treadmill, and discuss cross training, improving flexibility and strength for running, and footwear recommendations.

For more information, call Gym 109 at 841-



<u>ნ</u> a, Frio

10-Hen Warter

- ARRIST: YE Round 20 line/wk, Err amail, busy, international articlated business. Must be sen inconsited organizaci & fieva exceler Uli-tercersonal aklis MS Of-toa & communa erus requirect Resume F.D. Box 150 Newport, N.
- BOWEN'S WHARF lookng tor purite mainenance person, 10-20 early morning hours per week at \$15 an hour. May-October 949-2240
- COOK, LINE/SALTE: STATION, Mights, Cell for appt lemestown System Der 902-0770
- HOUSEKEEPING MGG Er Wallington Resor., Nawcort, Tesponsibil-tico included but net lim hed to deading & in-specting rms., crossing outpice, martelling in eventory & scheduling SET, MUSI be detail oremed, extensely cros-nosed, and able to work warrow hallery betach on eap. Birigual a pile. Sond Mourroom to P.D. Box 2855. Providence. R. 02505 or email mari a@wellingtonesortoom
- MAINTENAN CE/Jord: orial position at vecetional sensor in Mewhor Driver's locase required. Boot/morre exp helpful. 30 + his Einstil seume to ഗ്രാശ്യയ്യാടത്തു വന്ത്യ വനം. **ഷ**ംഗ*ര*മ

10-Hen Warter

- HOUSECLEANERS: 2C-30 house a week CW1 car, top pay 546-7655
- MOTHERS & OT-ERS: Weiness Costi, Mex. echechie willtein Call to hlarview 254-0000
- ONE PELHAM EAST & SCHOOLS IN NAME OF BUILDING Stiller is table fining Door Steff for Spring & Summer, Apply Jue, & Tiurs, after Spril, 270 Themes St. Newport.
- SUPERMISOR News Hospital Full time, Exp. in all aspects nime. Lxp. In all absence
 of modeled facility
 nonservening sugmaxmum of 1 vi. exp. in the
 outcondoily expanify ocelpring work Must bosfac ity ext. In the eniesa thorough ∢i⇔yedde of equipment in addition to materials required for Work performande. Applicant must manda. App loant milet paco crimino investigation report Housekeeper III. Fartine Gerela Helioskoopine & Ficer Care. Contact the Human Hespitica mind at 1 846-0540 for application Information or small sesting to contraining in alterior iteriory. ECC. M/F. D/V

SWIM INSTRUCTORS And the letter readed Contact Karin Clanbey. Apply at Newsport Courly YMCA, 792 Welley flot. Middletown, 847-9200.

Welteteff ≤ Sarvara CHOICE TRIS Flexible His. 847-7272 METRI LACT AR KOOLITEII HINYAD PÜLKIY



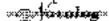
Clean Out Your Garage and Turn the Items You've Forgotten Into Cash.

That old collection of clutter might not mean. anymore, dus chance there would love it. By using the Classifieds, you'll make it easier for them to find, and easier for you to sell So tay it today!

401 • 849 • 3300

Monday - Priday Stare to Sprin





CLASSIFIEDS

10-Hen Warter

- N_REERY . Lancecape ionemistron + useagri + Bulbo Firm. Orhen's Ic. equind. 401-000-4100
- WATETA ∓: days only. Filippar-time for Meekende in busy breakteet and unen eals. CCBAN BREEZE CAPE. \$80 Themes. 849-1730

490 Visnbed to Buy

POWERED SPEAKERS: DJ Gemini mixer. Call 741-9763.

5 b Nealth and Filmess

MOVING SALE: 900 bs. toying the weights was access, or nibelle unging from 10.76 bo. Bower tack with all the allacinente. Net bench allact memb. Tell bend i with 2 Olympic bars, peacher coroll w/ourl bar, c' 4.26 reavy cuty mattrg. Take eventhing the \$560, f intorocted call wion; 639-0388, bet for with

520 Misse bresus ter Sale 🔆 🖰

- CHAZY CREEK Snow-noam summ nindings hoolabe. Thineulate mens boots fits size S-10-1:2. Good Cond. 3000/peet 757-2470
- MOVING BALE Dekets DIAM CARABLE MAY GAD Wolocking rear with-down. Like hear, Asking 5250. I' i tereeted call #011900-0000 Mark
- MUST SELL! Quetern poet table \$2,600/bear.
- SFARE CRAFTSMAN fiding law i mower, electric ator: 18.6 Kohler CHV 42", 6-epd. good: W. J. Showblowell. 2. attage. electric etter. wery good: \$700 for outh or \$400/se. Lewin bols cheep. 802-9218.

530-Hausshald Arig as

- F FT 1GF Teak Cining able w. apered legs. Suid \$2000 Apiding Pald Palet \$3000 Adding \$1500/beet Lies, 41%
- LOVELY SECRETARY top. ← drawere, nice wood tiniah, Top - 2 dr. QEES BILCOSUFE TWO shelves, \$700, 040-8070

670 Bus 1552 Concruently

FINANCIAL PARTNER Errorowing Marke Sale-ty produce company. High promise Linimited market 401~19-8000.

670-Bus 1752 Opportunity

INVEST NG 7 INVESTIGATION DETI means big lisk Call F.I AS Condumer Protoc flor at 800-352-7776, pr THE FECTORIAL FLECTOR COMmission at 977) TE-HELP for floo informa NOT CO WART OF TWAR Ble al.

710-Uniumaned ADBITMENT'S

www.to_cov/cloop

- 1 BCRM., 2 abls, 9595 & 5775. Newport lecoile - leter le HII. 505-506-4227.
- 1 BDRM Newport \$850 B1 K/M (C\$100.15. 646-2659.
- 1 BCRM., Newcort, Farking. waterview dec 6775-. Call 585-7754.
- 1 BDRM., weterview. Stonebildes area. Therron, 977.5 WHEEL COS-525-5455.
- 1 BEAUTIFUL born.. 1 et In residential area of Broadway \$1050/mo Datalis, 647-6407.
- 2 BDRM... 2 bath Newport ΗIL Historic perking. 61,275,508-308-4237.
- S BDRM., barking, new tie, hook-ups \$1950 in-GB, Ell. 585-7754.
- BLISS AREA: 3 bedicom. hardwards an dig raid. \$1950 + Poth Clicking
- Demax. 946-0750. CJ TWALK, 3 BORM. weet/day, dehwacher. weet/dry. diehwecher. parklije.\$1,550,652-5455.
- HISTORIC POINT: 1 Miles great location, new appl-ances & corporing \$890. PREPARATION AND IN
- PCRTSMCUTH, 1 bdim, 1 ball . rear Merina. beaches. \$700+ Cardan n@chap maneinstorm.com 410-0749
- STuDIO: Portemouth, \$800 het, utte cable, internet 2 Burlery, 401-714-3959

720-rumsted Acarlments

1 BDRM. Studio: Launchy. ashle deck. \$875 includes al. Narvex.r., 646-0705.

780-Houses tor Rent

- S BORM., S bath newty וונד ing, privated fiz. full basement wid hookupe. \$1400+. Fyl. 4/1. 652-4002- Atter 5 pm.
- PORTSMOUTH: Must seel new 2 barri. All appliances 61,400— 683-6110.

740-Bummer Rentels

types, mor title and ese-eanel Foffith Cushing Remax, 648-67-50.

750-Commercial e Pertak

2000 SQ FT : Heet eec. & webel. 2 fire \$1000+. Ca-DOTH FM all 1, 5494-150

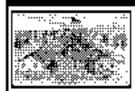
770-Caraces and Slovage

2000 SQ FT : Heet eec. & water, 2 fire \$1000+. Ca-DOTH **Final**ty, **54.9** ← 150

830-Time Staring

LAS VESAR HILTON
Deeded Threstate.
Foating wis 1 norm
prized to sell, 002-2275.

OPEN HOUSE This Sunday 12 - 2



Coddington Point Condomintums 231 March Ave.

Kowjast St

- Sou Corpsulation Wordt 08840
- .2.390000000 . Single Booth Tolerrookes Stoffing #Killingukki
- Buyors incentivos
- 4:0700 :::::::::::
- Cocon diananni 1996 режіймі Экраік
- Executors, exemples of i saa saa saa kulii iliyood. Aggaan tii aada Nordhii dhii aagu

www.condosvewpuit.cum Bestida Nationale

405,437,2279

660-Condos for Sale

SUNNY 1 brien parking Burlery, new appliances, booutful builtin beek shelses & mategany desk Namport meer Branchways fre restaurants vet quiet GLESSNS WITTE SCLTTONS DAATY 3209 CCC .648-0715

Skwport DailyNeus Calriers Saru more than money

849-3300

WE DELIVER

907-Motoreyeles

HAR FY DAVIDSON '95 1200 Custoni Spoitstei. 2,000 ml., Historew, lota of extract priced to sell.

905-Frucks and Cempera

- F150 '97, 105,000 miles. Call 757-552-5547
- FCRD E3E0 Box Va1 2000, \$5000/best 401-325-8025.
- ТСУСТА ТАСОМА ИЖИ SR6 X-GAB 105 Auto baded only 29,000 m. New cond. Wavarianty, 317,000/peet 955-0288

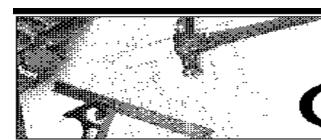
907-Bodis and Accessores

16' FREMCLARS SAIL BOAT. Ble. eleepe 4. Galley, excellent day saler. Extra sal 8 many extrac. \$4800, no room onable offer refused. Man-Shize

915-Autos tor Sale



- BLICK PARK AVE. 05. Hera. Fully loaded. OI-8541, 18000 ml 104 Hori da Accord - loaded. To sette estete bill-kyr-
- BUICK Rendezvous CV 05. Lower, Deck, ar power, C2. eeste 7, 23 mpg. QBUBQBQ, SICURU FT, \$7485. N Angettern 280-1094
- FORD PROPE ST 1996 Auto, all power, better com. Runs & looks great. \$2500 or best. 446-5515
- HONDA Accord 98 2 ct . Di. 2.3L. 4 cyl., 135,000 n 1 \$5500 550-6234
- HONDA CIVIC 1998 2 DR. 5 april. black instructed if 09, new these needs winter WCFK FEEDY TO 31.000/beet TOT-24TO.
- FER WRANGIER 9001 50" Britherserr Bullor. 474 Blace... 6 oyl... ED. a. hys... tent N. anti tops യ" ecunic bar. Beckeray. 73000m. Excellent cord. WLET 661. NAVITO DEDY. 310.700/past, 447-0000.
- VOLVO V70 NO WAGON 199, AWD, White Wicklast bather, obsted perfect, 124400 m., \$10,800 mel-tor, On 6,042-7859.
- VW 2001 CABRO Conwait Whit black wagray interior 5 april new tree & exhaust 55,000 ml. 310,750/pest 547-3056



NOT HANDY? Consult an Expert

PostScript Picture

ALL JOBS: Dumb rune.

ncbbish removal. Fauing moving heiming
bwn care. Mke647-000. HAVE VAN WII tievel Man & Van 69 vous essesse %. V£.ग @9: your exer Omea.rables.č4-7-€182.

PostScript Picture

BARBARA'S BEAUTY & WIG Over 700 WES & harpes 401-655-1655.

PostScript Picture

YRE. EXP Finehed carpenty, decks painting & the Unit 742-0532. BRADY CARPENTRY INTER-Operation Woodwood & nichia I baine 379-0907 www. devictiradysarpenty.com

CARPENTER. Into Carpentry. Kitchens ballis als 546-4231 interior hone 2 CARPENTRY - DECKS

Sidilig. Will down. Doors. Bro. Tall SCOTT JEF-Friend JC/IFS 5194.447 Calle Teturnad In 24hrs.

D4 SERVICES: Carpentry/Bhodo, Up. 8 Inc.

HIG - QUAL TY CENTER & millionek retailations.
Tilliansk retailations.
Tillian cerbertry, 905-1362 NO LOB too small " Car-pentry/coding Lic 2901. tie. rels. D&D 662-9854.

PostScript Picture

683-4383 TOPP JOBB, a EXALIBATION YOU CAR THE tor your derbet & upho-elery bleaning. Pet octa-specialise. Same day service. Ruce dry feet

CARPETS, rugs & upho-elery. Will look like new. Fast perviou 546-7655

PostScript Picture

LOOKING FOR A GOOD HOUSE (CERCRY TOU'VE OT If GOOD proce N MAR Dina DKC-JCC-1801.

PostScript Picture

Certified Halpsince 93 The Computer Guy. Got one? 742-1363.

COMPLITER PROPERMENT
CALLGEBER to Go. for all your computer reacts.
Yes, we can do it
F42-0704

PostScript Picture

HOUMES CONSTRUCTION.
STRUCTURE TO IT IN THE CONSTRUCTION. Additions of types of items. 401-040-9704.

PostScript Picture

NEWPORT DRYWALL & PLASTER PROMISSION REMODEL SCHOOL STATE COMMENT COMMENTS AND CALL AND CALL

TIGERTRACY CRYWALL:
New Constructor Periodels Sentro & Insulation. Pessel Pesselles, St. yes. Dop Lts 3 he 955-1991

PostScript Picture

SERVICE UPGRACES Tewring Additions Small jobe our exectally.

PostScript Picture

D_MP_TRUCK, backhoe and_triktozar_barvite. Land clearing, the work & concerts removal, KC Construction, 090-1784.

PostScript Picture

REPLACEMENT PASTS

ET All .yes of feiges.

Call FAR-RAGO DND

Fence Co., Inc.

PostScript Picture

CLEAN. STRIP. WAX and poly application. Gred Dawisch 646-5945.

-ARDWOOD FLOCRS. Al types of work. Fast. reliable. Cell 662-6533.

HILDE CHISG2-6522.

WHY FAY IR AND
PRIGEET: CHI BO:
LABORIN TO AL YOUR
flooring reach: cappot.
cavarile uliny N hierwood @ discourt
prime. Call Bob @ JJO
Fool Covering. 508308-3445.

PostScript Picture

SARA THE GARDENER Spring oreg. Sestor. Meeding lowes Person acts. 649-2919.

PostScript Picture

L PURPORE -ANDV-MAN. Fainting refinel-ing repairs cold jobe National Paul 487-0240

CARPENTER/Harcyman Decks. Tonie repel's I do f PWI Dave. 250-0040

GUTTERS, WINDOWS, kg ils. sig is. sk. melet i no problem line Aerel Solutions. 655-5076.

PostScript Picture



DISTINCTIVE
CONSTRUCT ON LLC.
Viny I & Weed Siding
Floo ic natcled
dictens * Eaths
Doole * Rects * Drywall
Replacement Windows
Empode in * \$ Additions Femode Inc 3 Additions Reg RI 27807 MA 160068 Foress & Domeillier 1401) 902-0101 Free Eatlmates

CARPENTRY - DECKS Siding, Windows, Doors, Bre. Sciott Jeffreys Dourne, 619-0447 Calls Naturned r 24hie.



EAST CORET HANDYMAN, Inc. One cell close t all the area is equally or all the area is equally one complete the nor. Bath basement remodelling ments represented to which we some and spread cooks, here words to the complete the some cooks are the some cooks the painting, of the cooks to painting, of high cooks to painting, of high cooks of the cooks of the

PostScript Picture

FREE ESTIMATES Home repairs. Therloyextentor, decks skring 25 yrs exp n.¥6517 401-855-2780

ISLAND HOME REPAR Service. Remodeling 2 Reparts. Call 549-0206

IRLAND VINYL
Home improvement IC
Sid no/Windowe/Decks
Additions/Remodeling

HI HEG 9557 401-846-7442 400-85-7442 MR -OME IMPROVE-MENTING INFEROME-MENTING INFEROME Error incredibling & re-pairs selections remail reliates & nume. Pagis-fration #28155. Calls prevented communica-

Answelled daily (14) 0005, mbhtஇற்கா.கோ PRECISION REMODEL-IN: 5 H-SICHAIII:N INC: 4 H-SIDHALIIII.
New collectuoto in badischewatten. Fastal rone
watten. Fishene, batte,
sepurcement withinstructure,
deather, Eding Jelling,
da pentry. Apr. furn
ewans, tick ecan euro,
Any -one interevenant
mestr. Ne job to tick
amail. Cel 254-0620

PostScript Picture

HOUSEHOLD MGS./ PES SONAL ASST. Derlied & takes in the case and maragement of the presentation of the pres

PostScript Picture

683-4383 TCPP JOBB 1 call docs t all Bendsd' his Lestrinicolo

BYS-735E NEW-CIRCLE EXISTS AND MAID STRVICE 42 Sping Steet -WHITCH ALL Licated, Sondar 3 lis. Leat minute CK.

DE OLIVEIRA CLEANING: Office, incuber ding etc. Piec estimates 509-545-

8000.000-000-0001. M CLEANING SET-YGE. We do all obs move mout Ponded X heured. Call 947-C195

GRANNYS CLEANING Home/offices, Experis need

MARCIA CLEANING. Keep your home nice and dean sec-cost MOTHER'S FELPER
HOVEECLEANING.
BOTOGO & FE. 622-7690
motherabe pri.com

SCNIA CLEANERS: Of-fose/houses/apts: Good ets: cos-s76-s002.

PostScript Picture

\$\$\$\$\$ REFA RABLE and Julik cars wanted Call lie filet free ploking 641-6450, 421-7094.

I JUNK TRUCKS and care wanted. Paying from \$10 to \$500 Call stid-Kara-Okta

CASH FOR Junk Veh-cles. Five tow Golds Auto Salvage 645-0389.

PostScript Picture

ANT-1285, LOCAL CELL HEVE THICK WILL Heve in the formation delication Bleinfreillers avail Lista Business Wiccal prices.

D_MP RUNE, demolition, became not close outs, re-move debris. Ches profile re-ferring service, calls re-fumed today, 300-9800.

PostScript Picture

GET FID OF EYE SORES? Call us (401) 662-5143. Field bullo & burger renkvasi PostScript Picture

COMPLETE Michan In stated w/commentary. starting rg \$3,995 Tite-time warranty, 992-1500. PostScript Picture

701-B76-2/195 Tumbleweed 01-B76-2/TIS Tumbleweed in manaphing awin gal-denis heet hedde structure. Innotation to decrip oc-des innotation to decrip oc-des gowth 2 bush le-moust discrim manaphine in leakaspie, read histale-tone, thatching plucying designed on a carribide, stringween pakes, wak-ways offrensive.

A-1 TREE COMPANY Renowel. printing, etcin ps. hedges lik #250 insued Joe 304-0214.

ACOASTAL TREE. Full service the/lanceape collic.616.647-0312.

CO LK: 612. 847-0312.

AFFORDABLE LANDSCOPING: YEAR CREAT

BOUNDED THE HEAD

FOR THE

I ISLAND LANDSCAPE
& THE SERVICE Spring
Cleanuse Tree versonal &
Puning Spring plantings
Thes & Lufter Lealing and
past management Ask
about our design/build
es vices, 900-1500

ATLANTIS Lawr Service Lewrone, garder/mubiling cleanup. 255-3351.

Castillus Cookson.

LAWN CUTTING muldring.

spring oser lipe entit minming planting bees fix
chibbs according seeding.

Commendati Planta Itlai.

Tuly his 040*290

EMR LANCS CAPING Graes couling yard cleen-in X more Fise set-mate. <01-019-0360. Ec.

Established Landscape & Sta Davelopine III To New England Landers and Lts 3 Ins. 401-419-1200

GRASS HORDER
LANDSCAPING
Maintenance & Iretaile1001 of El yerd Wolk.
Since 1970 6-40-9080.

LAWNS & GARDENS Repaired & martished. George, 401-525-5788 MEJIA LANDSCAPING 55ring Geardine, ir ubit, grace tree cutting stanework, Cal 201-3100

NETTO LANDSCAP NG Chass cut ofherways elso is well multipling yaids oser Natio, 949-4500 & 577-04-90

C CONNORS
LANDSDAPING
LEVIT MET TERRINGS,
QAIDER & 1988 89FF C6,
826-2124

SPRING CLEAN_PS THE TACK, bow'r Calling, Tob-III-ing free eet Prompt senade Calluon 575-8374.

PostScript Picture

FIFTH WARD LAWN L
HEDGES, Yard man tename Depend on 16
Best piloes, C47-5201.
MOPS LAWN CARE Call
for Spring Disan-ups.
Free estimates 545-4550 PostScript Picture

A__OPES, General con-tractor and Message

PostScript Picture

PORTSMOUTH: Vassage Therapy Lie/re. Ac rate. 550/hr. Jan 293-0785.

PostScript Picture

1 PECE to entire estate. Upensed 2 inc. Shamp-O I WOMBIE, 845-4450

ostScript Picture

fi CHCICE IN PAINT-ING, Exteror & Illerton Wallpaper Pxp afford-Able, Wike, 840-7759.

683-4385 TOPP LOSS A boat name rou can rue tor your belinting & power weening reeds. The extinates.

ALBERT C PAINTING en 3 Power Weshing. Fise settmates CAT641-5693

REE PAINTING, Fower was ling & recodering a recodering for real earth area into 100 for a science. Lt. & Inc. +13-9330.

FREE ESTIMATES Painting, papering licensed. 847-2897 H. Сашыныны Jr. INTERIOR & EXTERIOR Faintie & Carpeilly. Pro Rellane X Baseor-able. Andy 602-5110.

INTERIOR/EXTERIOR 30 yie, exp. Excellent woll. Call Ellistes-8506.

KEN'S PAINTING A POWERWASHING IB/TeB Noil 824-2122 MARTINELLI PAINTING. 40 yie. experience. Fully Lk. & lie. 6-8-2757.

NORBURY FAINTING A Cartracting, invertor & extends parting. Ught Carpenty, free materials.

TAMBOV PANTING When rou read it done right. Interior % exteror due 401/017-6208

PostScript Picture

DOC - CARE Daily/ Weekly Your rocks of It his. Chip 401-742-1544.

PostScript Picture

TEVER PRESS_RE Weating. Decreation residences (1911) standard revening the ween anything 040-227C

PostScript Picture

THE ROAMIN CHEF. Pareonal Charless-7920 www.t.ecom.linc.ec.com PostScript Picture

GBD ROOF NG. All types of roofs. Expert back re-pairs: Problem nate avail Lig/na. 245-9482.

PostScript Picture

AMERICA TREE CARE. Manicya, profiting trus i chipping, etump grinding, bucket fruck emergercy, Lts 8 ins. 845-6500.

PostScript Picture

843-7866 SPARKLING WINDOWS. I censed Bonded & Inc. Leet Minute CKI

SIMPLE CLEANING, com-mercial/ necessital, Free estimates 7 (4-5842).

3 LINES, 4 WEEKS ONLY \$68 To advertise your business or home service in The Newport Daily News and Mercury and The Navalog CALL 849-3300

"Advertising Deadline: Thursday at 11 a.m. each week"

19



Drop a jeans size in 6 weeks

Start now and lose 30 lbs or more by summer.

This program is recognized by doctors and dieticians as a safe, effective & lasting weight loss solution.

\$39 per month*

*CRE respire 6 (4)01. Some restrictions apply, Any and all discount

FIRST MONTH FREE*

*Offer Applies To Fast Track Membership

NEW MEMBERS RECEIVE A FREE COPY OF

WINNING THE STRUGGLE TO BE THIN BY CASEY CONRAD





shaping WOMEN for life

Are You Winning Your Struggle?

Middletown 841-0077

Westerly 596-5669

Wakefield 783-1661

888 West Main Rd.

116k Granite St.

730 Kingstown Rd.

#Must be 48 years or older and meet certain medical criteria. See Certer for details. Some restrictions may apply individual results may vary. No cash value. Other feet may apply depending on program selection.